



# CASCADIA MUSHROOMS

**BELLINGHAM, WA**

Cascadia Mushrooms is dedicated to producing mushrooms of the finest quality while raising awareness of the health-promoting properties of their fungi friends. Mushrooms have an innate ability to cleanse soil and heal ecosystems—farmer Alex aims to nurture that ability, teach it to others, and spark some of the same inspiration that drives his work every day. From the farm’s humble, micro-scale start through to the robust, year-round production it maintains today, Cascadia has remained committed to beyond-organic growing practices. From grain to spawn to sawdust, Alex and his team use only Certified Organic and naturally sourced inputs to cultivate every mushroom crop in a way aligned with their commitment to community wellbeing.

